**Fever**
Wash hands with soap and water for at least 20 seconds. If you cannot wash your hands, use hand sanitizer.

**Cough**
Avoid crowds or gatherings. Keep a distance of 6 feet between yourself and others.

**Shortness of breath**
Keep objects and surfaces clean.

**Sore Throat**
Wear a mask or cloth face covering to protect others in public areas.

**Headache**
Avoid touching your eyes, nose or mouth with unwashed hands.

**Avoid contact with sick people.**

**Cover your mouth and nose with tissue or elbow when sneezing.**

**Put tissues in the trash bin and wash hands.**

**Do not share eating utensils and food.**

**Increase ventilation, open windows when possible.**

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**IF YOU FEEL SICK OR WERE EXPOSED TO COVID-19**

**Stay in your residence.**

**Avoid contact with others. If you live in an apartment, inform your housemates.**

**If you become sick, call the Student Health Center at (337) 482-1328**

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**RESOURCES**

**CAMPUS COVID-19 INFORMATION**
 louisiana.edu/covid19

**STUDENT HEALTH CENTER**
 studenthealth.louisiana.edu

**COUNSELING AND PSYCHOLOGICAL SERVICES**
counselingandtesting.louisiana.edu

**CENTERS FOR DISEASE CONTROL**
cdc.gov

**LOUISIANA DEPARTMENT OF HEALTH**
ldh.la.gov/coronavirus