

CORONAVIRUS

SAFETY ADVICE AND TIPS

SOME COMMON SYMPTOMS



Fever



Cough



Shortness of breath



Sore Throat

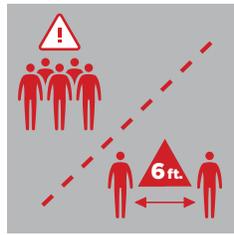


Headache

PREVENTION



Wash hands with soap and water for at least 20 seconds. If you cannot wash your hands, use hand sanitizer.



Avoid crowds or gatherings. Keep a distance of 6 feet between yourself and others.



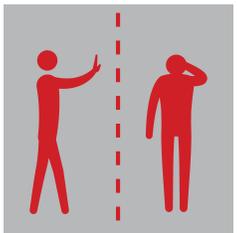
Keep objects and surfaces clean.



Wear a mask or cloth face covering to protect others in public areas.



Avoid touching your eyes, nose or mouth with unwashed hands.



Avoid contact with sick people.



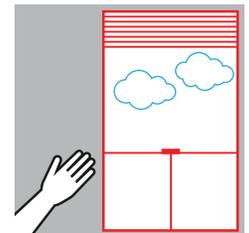
Cover your mouth and nose with tissue or elbow when sneezing.



Put tissues in the trash bin and wash hands.



Do not share eating utensils and food.

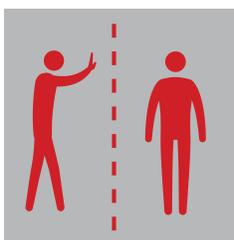


Increase ventilation, open windows when possible.

IF YOU FEEL SICK OR WERE EXPOSED TO COVID-19



Stay in your residence.



Avoid contact with others. If you live in an apartment, inform your housemates.



If you become sick, call the Student Health Center at (337) 482-1328

RESOURCES

CAMPUS COVID-19 INFORMATION
louisiana.edu/covid19

STUDENT HEALTH CENTER
studenthealth.louisiana.edu

COUNSELING AND PSYCHOLOGICAL SERVICES
counselingandtesting.louisiana.edu

CENTERS FOR DISEASE CONTROL
cdc.gov

LOUISIANA DEPARTMENT OF HEALTH
ldh.la.gov/coronavirus

