



Out of the Nest

Journal of a College Freshman

ALYSSA WEST

In “Out of the Nest: Journal of a College Freshman,” Alyssa West takes you on a vibrant journey through her first semester. Brace yourself for the unexpected twists as she navigates a new city, losing old friends but gaining unforgettable memories – and a cat! Living with a partner for the first time, Alyssa embarks on a quest to redefine her personal style and mindset. Amid revisiting old memories, she constructs new ones, forging bonds that withstand the test of trial and error. This memoir unfolds with Alyssa’s struggle for self-discovery, forgiveness, and personal growth. Join her on this rollercoaster ride, where optimism and self-forgiveness become the cornerstones of her transformative college experience.





About The Author

Alyssa West was born in Shreveport, Louisiana. However, she has her roots in a small town called Logansport, Louisiana. She has two brothers, one older and the other younger. In 2023, Alyssa graduated at Logansport High School and moved on to University of Louisiana Lafayette. She is currently pursuing a major in English with a concentration of Creative Writing. Alyssa plans to become a successful novelist and influence people with her writing.

