



THE UNIVERSITY OF
LAFAYETTE REPRESENTS

A FRESHMAN'S GUIDE TO GET INVOLVED

Here you'll find resources and clubs
that are open to all first-time
freshmen and what they offer!

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WELCOME TO “A FRESHMAN’S GUIDE TO GET INVOLVED”

In this magazine, you will find a variety of clubs and resources that are open and welcoming to all first-time students. The clubs mentioned will cover the following: Greek Life, religion, and culture! These factors are valuable when it comes to new students as everyone is welcome to join any club they like. You will also find events that may help you become more involved with this wonderful school along with resources that will certainly help you in your time here.



LET'S GET STARTED!

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EVENTS

- Cajun Craze
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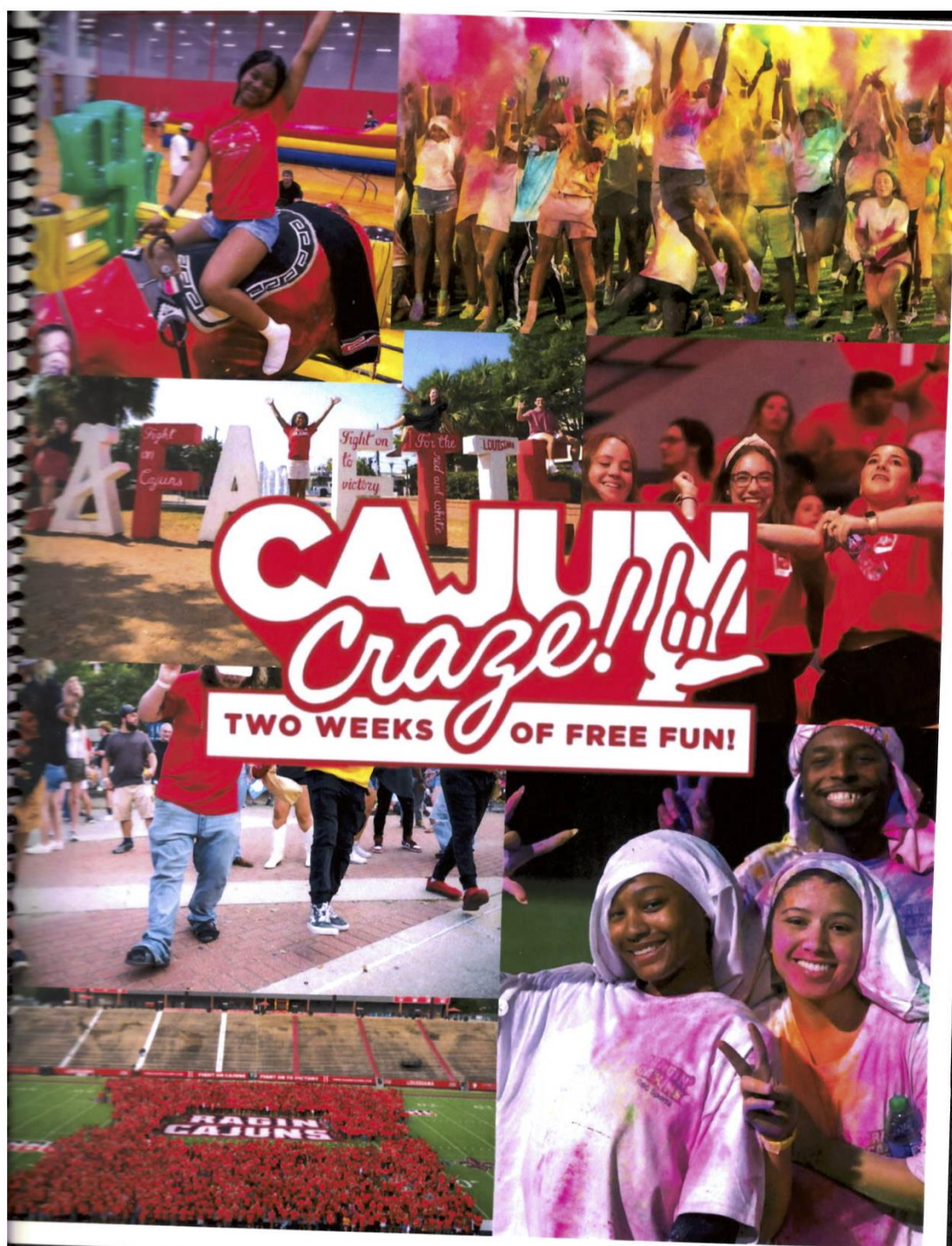


CLUBS

- BCM (Baptist Collegiate Ministry)
- VSOUL (Vietnamese Student Organization at UL)
- Phi Psi

**LOST AND DON'T KNOW
WHERE TO GO?**

**GO CHECK OUT SOME OF
OUR RESOURCES**



CAJUN Craze!

TWO WEEKS OF FREE FUN!

RAJIN CAJUNS

THE TWO WEEK LONG EVENT... CAJUN CRAZE



The most anticipated event for incoming freshmen is without a doubt, Cajun Craze. This two-week-long extravaganza is meant to be a welcome event dedicated to helping the students become familiar with UL's customs and get excited for the new school year. This year's Cajun Craze included a vast amount of events such as the Swamp Party, Target Run, Rock 'n' Bowl, and Downtown Alive. At almost every event was food, school attire, and a ton of resources that are more than useful when coming to UL. All of these events were free of charge as a way of saying "thank you for choosing UL".



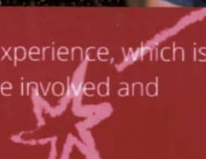
FRESHMAN CONVOCATION

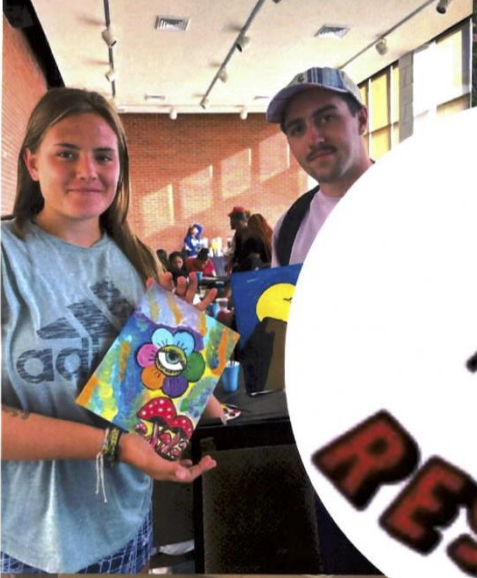
Some of the biggest events that took place during the two weeks were, as previously listed, Swamp Party, Target Run, Rock 'n' Bowl and Downtown Alive. But, the most important event of this time was the Freshman Convocation. The Freshman Convocation is where a student's collegiate journey begins. The convocation is a ceremony to officially welcome all first-time freshmen to college in a formal fashion. The ceremony includes administrators, students, and faculty all telling their personal experiences here and about making the most of your time at UL Lafayette, finding your people, and making your mark.



FIRST YEAR EXPERIENCE

Along with the big events, there were many small events that were equally as fun and informational. Throughout the two weeks, there were mixers, expos, and meetings that were incredibly packed with beneficial information for the students who went. Even with those going on, there were still movie nights, burger bashes, and even a Luau Night that was put together by the Baptist Collegiate Ministry. The two weeks that were dedicated to Cajun Craze were definitely the most awaited two weeks of the fall semester. All of these events and such are put together and coordinated by the Office of First-Year Experience, which is the office that is in charge of making sure the first-year students are involved and satisfied.







HOME AWAY FROM HOME

At UL Lafayette, all first-time freshmen are required to live in on-campus housing. Moving away from family first time can make the residents feel stressed and scared which is why our RAs try their absolute hardest to make dorm life as comfortable as possible. In order to make sure the residents feel like they are at home and cared for, our RAs put on events for the residents to spend time together and get free things! These events take place in all of our halls and happen frequently. Although a majority of the housing is for freshmen, there are some halls that hold upperclassmen in which the events also take place in.



FUN AT HOME

Some events that take place include a few things: mental health care, study sessions, arts and crafts activities, and so much more. These events and get-togethers are meant for students to relax and enjoy themselves during these stressful times. Our RAs try to provide the residents with as many events and activities as possible in hopes of making them as comfortable as they can be and showing them that they are there for them when needed. Although the events take place in certain resident halls, all residents of any of the halls are invited to join!



AN RA'S MISSION

Not only do the RAs invite everyone to these wonderful events, but they also do check-ups to make sure all of the residents are comfortable and happy. Happiness and contentment are the most important things when it comes to RAs. They will do whatever they can to help residents who are having a hard time with anything. Each semester, an RA will conduct meetings or surveys asking how student is feeling, which is a great example to show how much they care for the residents. And we, as residents, are so incredibly thankful to have someone who is capable of taking care and watching over us.





GET ON BOARD DAY

Get On Board Day is a long standing UL Lafayette tradition in which you'll have the chance to check out more than 100 student organizations and some University offices and departments to learn more about getting involved on campus! Get On Board day happens in the beginning of the fall semester where all organizations on school campus come together in the quad to let new students learn about them and potentially join said organizations. There are over 100 clubs that would attend GOBD in hopes of recruiting new members and showing them how to get involved on a new campus. Although this event is aimed towards the incoming freshmen to get them involved with UL, it's open to students of all ages and highly encouraged.



WHY SHOULD I GO?

Trying to get involved during your college career can be hard when you don't know where to start, which is why UL gives us an easy route to discovering all organizations on campus. Get On Board Day is a day made for you. This is a day where you are able to explore all types of clubs and organizations that might interest you. This day is meant for you to be able to find where you belong. Coming to a big university can be scary at times, but it's comforting knowing you have people who have the same interests and can relate to you.



WHAT ARE THE BENEFITS?

The benefits of attending Get On Board Day are endless. You would be able to join a club that includes something you love, which could lead to never having a dull moment with the people in the club. Speaking of people, you would also form bonds with them like never before. A majority of clubs on campus are student-ran, which means there is bound to be someone in that organization that would be able to help you if you are in need of anything.





BCM

RAGIN' CAJUNS'



THE BCM

The BCM is a place where people can get involved and form a community. The mission of the BCM is to allow people to feel loved and be involved, without being judged, and sharing the compassion of Jesus.

A Baptist Collegiate Ministry plays a pivotal role in reaching out to individuals and providing them with a powerful sense of community. This vibrant and welcoming space on college campuses fosters an environment where students can connect, share their faith, and support one another on their spiritual journeys. Through various activities, such as Bible studies, worship services, and community service projects, this ministry offers a platform for students to deepen their relationship with God and each other. It is a place where individuals from diverse backgrounds come together, forming bonds that extend beyond their college years. In a world often marked by isolation and disconnection, the Baptist Collegiate Ministry provides a warm, inclusive community where young people can find support, friendship, and a shared sense of purpose.

Know The Gospel
Live The Gospel
Share the Gospel
Together

FRESHMAN NIGHT

There are many events such as Tuesday free lunch which comes with a speaker sharing opportunities to get involved. There also is freshman night on Tuesday at 5:30 pm which involves breaking into small groups and going over questions that relate to our lives through a piece of scripture in the Bible. After the freshman night they have worship at 7:00 pm, this is a time where our worship band goes up on stage and we all praise God and build our relationship with Him.

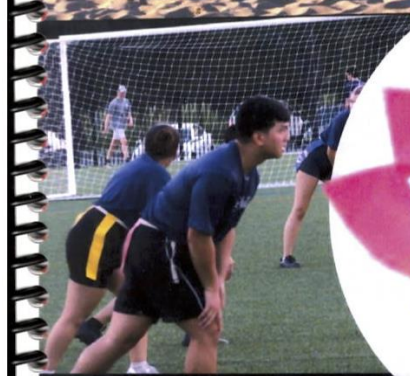


Tuesday

12:00 pm Free Lunch

5:30 pm Freshman Night

7:00 pm Worship



WHAT IS VSOUL?

VSOUL (Vietnamese Student Organization at the University of Louisiana) is a student-run organization that was first kicked off in 2012. Their mission statement is to promote awareness and appreciation of Vietnamese culture within the general student body and beyond. Students will be able to interact and exchange ideas and experiences vital to the growth and success of VSOUL. Thus, VSOUL strives to serve the community through philanthropic events and to bridge diversity through cultural and social events. VSOUL can promote awareness and appreciation of Vietnamese culture through philanthropic volunteering, fun events, and get-togethers with similar clubs across the Gulf Coast!



THERE'S MULTIPLE VSOULS?

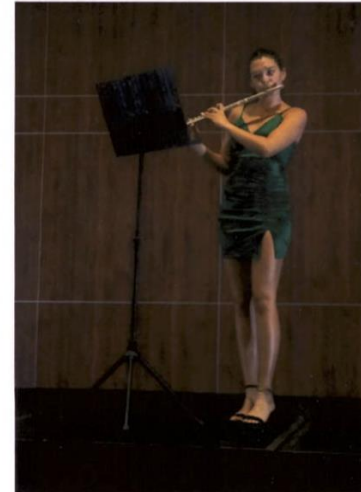


Speaking of the Gulf Coast, did you know that VSOUL is only one of ten clubs that is included in the Gulf Coast including Mississippi (USM-VSA) and Alabama (USA-VSA)? The entire Gulf Coast has one collective philanthropic project (CPP) known as Rock Paper Scissors. This CPP is to raise money for women and children in Vietnam to keep them in school and to provide them with resources that may be hard for them to obtain. VSOUL

currently has well over 50 members who are there to promote inclusivity and spread awareness of Vietnamese culture. To keep members active, they host events such as Lafayette by Night, V-Week, volunteer events, and so much more.

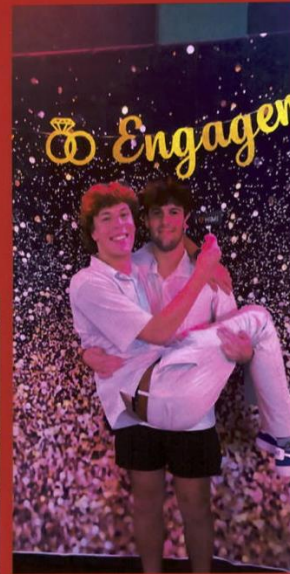
LAFAYETTE BY NIGHT

Lafayette by Night is the biggest event of the fall semester that VSOUL has been proud to host every year, for the past 12 years. In summary, Lafayette by Night is a semi-formal social event that is for friends and family to come out and watch a showcase that is performed by a select amount of people. This year, there were many lovely performances such as a dance routine by Xfinity, a flute solo performed by Ava Lamkin, and many more. There were a ton of fun audience-driven activities such as bingo, origami making, and even a ticket raffle.





Phi
Kappa
Psi



OVERALL FRATERNITY
3RD - LAMBDA CHI ALPHA
2ND - SIGMA CHI
1ST - PHI KAPPA PSI

8:20
20

What it means to be a Phi Psi

Brotherhood

The fraternity Brotherhood of Phi Kappa Psi is a close-knit group of people committed to developing leadership skills, lifetime friendships, and personal development. This fraternity, which has a long history that dates back to 1852, places a high value on social involvement, philanthropy, and academic achievement. Phi Kappa Psi members form enduring relationships with one another that go well beyond college, supporting one another through good times and bad. Phi Kappa Psi offers young men a supportive atmosphere where they can flourish and take on leadership roles in their communities via a dedication to basic ideals and a strong feeling of camaraderie.



Hunters Pledge



Pie a Phi Psi

Service

The Phi Kappa Psi fraternity serves a vast number of people outside of its membership. This fraternity has a strong commitment to supporting the community in a number of philanthropic ways. Making a difference in the world is a top priority for Phi Kappa Psi, whether through service projects, planning fundraisers, or working at neighborhood charity. Its commitment to helping others not only helps the less disadvantaged but also encourages civic engagement and a sense of duty among its own members. The dedication of Phi Kappa Psi to service is evidence of their basic principles and goal of improving both society and the people it serves.

Leadership

The fraternity Phi Kappa Psi is a reliable source of leadership development. This fraternity equips its members to become powerful leaders in their academic and larger communities by offering an extensive program of personal development and leadership training. Phi Kappa Psi focuses a lot of attention on developing traits like accountability, cooperation, and communication in order to equip its members for success in a variety of spheres of life. The fraternity equips its members with the knowledge and self-assurance to have a lasting influence and motivate constructive change by cultivating a culture of leadership.



PHI KAPPA PSI FOUNDATION
Invest today. Change tomorrow.

Scholarship

The fraternity Phi Kappa Psi is dedicated to promoting an environment that values intellectual achievement. Its members are encouraged to emphasize their studies and strive for intellectual progress, with a strong focus on scholarship. The academic support services and resources offered by Phi Kappa Psi create an environment that is favorable to learning and success. Members are supported to realize their full potential by receiving mentorship and guidance in addition to being encouraged to thrive in their academic endeavors. The fraternity's commitment to scholarship supports its goal of producing well-rounded, educated people who can make significant contributions to society.

ΦΚΨ “Live Ever Die Never”

UL Lafayette has a ton of resources, let's take a look at some...



Struggling with homework?

If you ever need help with anything to do with academics, the one place to find your answer to any question you may have would be at the Academic Success Center (ASC) in Lee Hall. Included in the ASC, is The Learning Center (TLC). TLC is a place where academic assistance and understanding what you are taught is the top priority. If the learning center cannot help you with your homework troubles, there are also other labs such as the writing lab, the math lab, and even accounting help. Along with the learning center, are the numerous advisors that are there to help if you decide to change majors, minors, or concentrations.

Feeling sick or under the weather?

Visit the Saucier Wellness Center in O.K. Allen Hall as our healthcare professionals and new facilities are available to you for a variety of services, including care for minor illnesses, minor injuries, minor surgeries and procedures, women's health, and more. If you have any sort of health concern, they are more than happy to help and will most definitely calm your nerves.

Need someone to talk to?

Also located at the wellness center in O.K. Allen Hall, the counseling center provides an unlimited number of professional, short-term counseling services to all university students, faculty, and staff. These services include individual counseling, group counseling, couple counseling, family counseling, and crisis intervention. In the course of a lifetime, most of us feel stressed out, depressed, or anxious. Sometimes a friend or family can offer help, but there are times when their help is not sufficient and the problems persist. Counseling provides a safe environment for you to explore those issues that are experienced. To make this offer even better, services are free to all students.

THANK YOU!

WE APPRECIATE YOU



Here are some hotlines that may be useful to you:

Campus Hotline:	337-482-2222
University Police:	337-482-6447
University Counseling and Testing:	337-482-6480
National Suicide Prevention Hotline:	800-273-8255
Crisis Text Line:	Text HOME to 741741