

# BEFORE

## CHAPTER ELEVEN



Engaging in a Healthy Lifestyle

## CHAPTER EIGHT



Communication

## CHAPTER FOUR

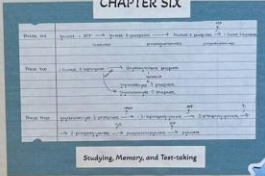


Planning Your Academic Pathway

# MY VISION BOARD

# DURING

## CHAPTER SIX



Studying, Memory, and Test-taking

## CHAPTER THREE



Time Management

## CHAPTER ONE



Exploring College

# AFTER

## CHAPTER TWO



Knowing Yourself as a Learner

## CHAPTER TWELVE



Planning for your Future

## CHAPTER TEN



Financial Literacy