



FIRST-YEAR SEMINAR 3 credit hours UNIV 100



Nutrition Facts	
Amount Per Serving	
Calories 290	
Total Fat	12g
Saturated Fat	6g
Cholesterol	45mg
Sodium	110mg
Total Carbohydrate	40g
Dietary Fiber	2g
Sugars	18g
Protein	12g

UNIVERSITY	
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50	100