



IT ENDS WITH

LIGHT

x



All About Ce'Maya Hayes

Ce'Maya Hayes is an 18 year old African- American student. She is currently enrolled at the University of Louisiana at Lafayette as a freshman where her major is Business Administration. Hayes graduated high school from a small country town, located in Northwest Louisiana. There she was and still in fact is very curious in the idea of gratitude and fortune. Her personal philosophy is "Hakuna Matata! Life is a one time opportunity. Yes things may not be all sunshine and rainbows every step of the way but in the end there will be light and when that end comes look back upon your life as a huge colorful canvas!"

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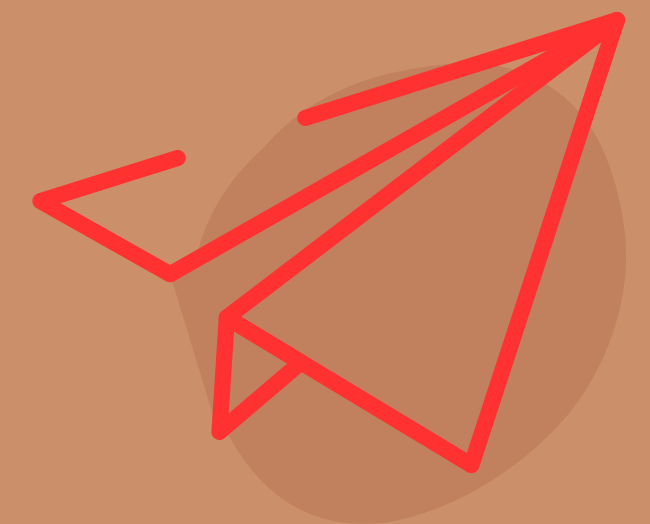
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INTERVIEW 1: COLLEGE FROM AN ENROLLED STUDENT

The Brandy Montes Edition

Q.) What piece of advice do you have to get involved on campus?

A.) "One piece of advice I would give another individual to get involved on campus is to at least try to attend two events that the school provides. These school events introduce many things you can get involved in around campus."

Q.) How do you handle academic stress as first time freshman?

A.) "I handle academic stress by taking time out for myself whether it's going shopping or reading a book. People fail to realize college is nowhere related to anything in high school and you can have a huge setback in the matter of seconds."



INTERVIEW 2: COLLEGE FROM A GRADUATED STUDENT

The Diamond Frierson Way

Q.) How does your major from when your first attended college differ from what you do now?

A.) "I first started college majoring in elementary education. My grades were absurd due to the fact I played basketball all four years, so I decided to switch major my junior year to business accounting. I'm glad I made that choice because I love it. It seemed like a long time to get to where I am now but I'm glad I got here. I am now the Director of Sales at AT&T and wouldn't trade it for any other job!"

Q.) Any advice on how to stay motivated in college?

A.) "It feels like I can write an essay on advice, especially for college but one piece of advice I can give to one is to always remember no matter the obstacle or trial; an beginning always has an end."

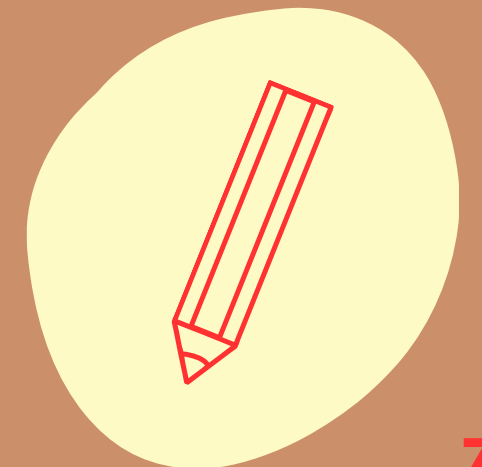


HAYES' POV ON COLLEGE SO FAR...

The fall 2024 semester of college has been a whirlwind of new experiences, challenges, and growth. As I first stepped foot on campus there was an boost of electricity in me, filled with the excitement! The anticipation on the meeting new friends, having new classes; college classes at that. The campus comes alive with all the moss trees and the swamp filled with alligators, turtles, etc. Academically, for me the fall semester was a breeze. I had 5 classes at first but ended up dropping one. Yes, psychology may have not been my favorite. The workload can be intense [especially if you take online courses] with a mix of lectures, assignments, and exams that are timed, but in my opinion, it is also incredibly rewarding. In high school you got babied, now you get treated like an adult. This period is crucial for building a strong foundation in one's major and exploring new interests. This period is a time to realize who you really are and what you truly want. Beyond academics, the fall semester is filled with lots of excitement. Whether it is going to any Acadiana festivals or just simply going downtown for the weekend and enjoying the atmosphere. Campus events, from football games to basketball to even Homecoming is filled with plenty to do leaving you tired like you just worked a 12-hour shift in the ER. These events unites the community and school spirit. Overall, the fall semester is a blend of hard work and excitement. Itt was a time for personal growth, academic achievement, and forming meaningful relationships. Even though it was indeed demanding, the experiences and memories made during these times were invaluable, setting the stage for a successful and fulfilling college journey. Your first fall semester of freshman year in college is a once in a lifetime opportunity and it is something I will always cherish!

By: Ce'Maya Hayes

HAYES' POV ON COLLEGE SO FAR (CONT)



HAYES' COLLEGE HOBBIES N' INTEREST

College is an excellent time to explore personal hobbies and interests, as it offers a unique blend of freedom and resources. I joined a couple of clubs on campus including Delight and NCAA. Many believe that joining a sport is the way to go. That is just not my cup of tea. I would consider myself as more creatively inclined so I joined these two clubs for now. In my free time I absolutely love going out with my roommates and friends. I also love going to Girard Park and coloring. I experienced the "broke college student" life on my own and I couldn't do it; so I eventually ended up going out and getting myself a job. My days are now long and tiring in my opinion. I now wake up for my classes, come back to the dorm, do academic work and then before I know it; it's time for actual work. I maintain my personal needs and tasks on my off days. Lastly, I'm very interested in stress relief practices, so me and my roommates do a yoga class every other week right down the road from our campus. Practices like these can significantly help your well-being, helping you stay graceful and focused in the middle of all the pressure due to college life.

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HAYES' COLLEGE HOBBIES N' INTEREST (CONT)





The End