

BEFORE COLLEGE



CHAPTER 8: COMMUNICATION
Writing my story for my high school yearbook, I learned how to communicate with others, especially my friends.



CHAPTER 2: KNOWING YOURSELF IN A LEARNING
Throughout my high school, I learned how to become a better student and how to communicate with my friends and family.



CHAPTER 4: PLANNING YOUR ACADEMIC FUTURE
I decided to go to college and to become a nurse. I learned how to plan my future and how to communicate with my friends and family.



DURING COLLEGE



CHAPTER 1: EXPLORING COLLEGE

In college, I found it was easier to explore my options at UL. I took classes to help me decide if I wanted to get involved in campus activities. I have learned to know my options and to explore my options.



CHAPTER 3: MANAGING TIME & PRIORITIES

While in college, I learned how to manage my time and to prioritize my tasks. I learned how to balance my schoolwork and my social life. I learned how to manage my time and to prioritize my tasks.

CHAPTER 5: FEELING & METAPHORS

Feeling and metaphors are important in college. I learned how to use metaphors to describe my feelings and to communicate with my friends and family.

...the first time I saw the ocean, I felt like I had reached a new world. The waves were so big and so powerful, it was like I had entered a new dimension. I had never felt like this before, and I knew that this was the start of something new. I had found my place in the world, and I was ready to take on whatever came my way.

AFTER COLLEGE



CHAPTER 10: FINANCIAL LITERACY

After college, I will have to learn how to budget and how to manage my money. I will have to learn how to use my money wisely and to avoid getting into debt.

CHAPTER 11: ENGAGING IN A HEALTHY LIFESTYLE

After college, I plan on engaging in a healthy lifestyle. I plan on exercising and eating healthy food. I plan on taking care of my body and my mind.



CHAPTER 12: PLANNING FOR YOUR FUTURE

In my future, I want to pursue a career in the healthcare field. I want to become a nurse and to help people in need. I want to make a difference in the world.

