

**Office of First-Year Experience**

**UNIV** **100**

First-Year Seminar Courses

Fall 2024

UNIV 100 courses for the Fall 2024 semester are organized by topic. A description is included with each course listing. It is recommended that you browse the course selections and make a note of those courses that interest you and fit your schedule.

**CHOOSE YOUR UNIV 100 SECTION**

The First-Year Seminar, UNIV 100, is required of all new, first-year Ragin Cajuns. This course is also available to students who are admitted as Transfer or Re-Entry students to the University. Instructors have designed various sections of UNIV 100 based on their passion and expertise. The class sizes are small and you will be with other students who are excited to learn about the same topics. You’ll get to know your classmates and have a Peer Mentor to help you adjust to your academics and college life. Take some time, explore the UNIV 100 Catalog, and choose a section before course registration so your UNIV 100 will be a good fit for you.

Start by exploring the UNIV 100 Catalog: https://firstyear.louisiana.edu/students/univ-100-first-year-seminar

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| --- | --- | --- | --- | --- | --- |
| Course Title | Section | CRN | Day/Time | Room | Instructor |
| Mastering the First Year | 033 | 24605 | MW 2:30-3:45P | HLG 504 | Williams, Christine |

**Note the CRNs for the classes you are most interested in: \_\_\_\_\_\_\_ \_\_\_\_\_\_\_ \_\_\_\_\_\_ \_\_\_\_\_\_\_ \_\_\_\_\_\_\_**

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Description automatically generated*Please note: Your Academic Advisor may require you to register for Mastering the First Year. This course will improve your knowledge and skills to be successful in your courses and your transition to college.*

**Louisiana Educate Program**

Check with your LEP Academic Success Coach. You may already be registered in a section of UNIV 100.

**Student Athletes**

Talk to your academic advisor about your UNIV 100, you may already have the class on your schedule.

**Honors Sections**

Look for course sections marked with an ‘H’ in the section number (ie. H01). Anyone can enroll in an Honors section. If you are in the Honors Program, you will receive Honors credit for this course.

UNIV 100 First-Year Seminar **Fall** **2024**

***Mastering*** ***the*** ***First*** ***Year***

**Course** **Description:** Designed for incoming freshmen and the student in transition, the course objective is to help students navigate the first-year experience through student engagement, campus involvement, academic planning and adjustment, and connections to the culture that inspires Ragin’ Pride. Some of the lessons learned in the course include research methods time management, study skills, campus resources, financial and physical health and positive actions that lead to academic and personal success. Through course readings, written and oral reflections, group activities, and presentations, students should gain a greater awareness of their role as a student and the path that leads to academic success.

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| **CRN** | **Section** | **Day(s) to Meet** | **Begin Time** | **End Time** | **BLDG** | **Room** | **SUBTITLE** |
| 23270 | 19 | TR | 12:30pm | 1:45pm | MDD | 111 | **LEP – Mastering the First Year** |
| 23275 | 24 | TR | 11:00am | 12:15pm | MDD | 111 | **LEP – Mastering the First Year** |
| 23232 | 1 | TR | 8:00am | 9:15am | AGE | 104N | **Mastering the First Year** |
| 23235 | 4 | MWF | 8:00am | 8:50am | MDD | 310 | **Mastering the First Year** |
| 23236 | 5 | TR | 9:30am | 10:45am | RAND | 110 | **Mastering the First Year** |
| 23238 | 7 | MW | 1:00pm | 2:15pm | MDD | 106 | **Mastering the First Year** |
| 23267 | 16 | MWF | 8:00am | 8:50am | FGM | 203 | **Mastering the First Year** |
| 23276 | 25 | MW | 1:00pm | 2:15pm | HLG | 128 | **Mastering the First Year** |
| 23283 | 32 | TR | 12:30pm | 1:45pm | HLG | 128 | **Mastering the First Year** |
| 23308 | 41 | TR | 8:00am | 9:15am | FGM | 203 | **Mastering the First Year** |
| 23351 | 60 | TR | 3:30pm | 4:45pm | MDD | 106 | **Mastering the First Year** |
| 23353 | 62 | MW | 2:30pm | 3:45pm | CLR | 213 | **Mastering the First Year** |
| 23372 | 75 | TR | 8:00am | 9:15am | RAND | 110 | **Mastering the First Year** |
| 23464 | 85 | MWF | 8:00am | 8:50am | MDD | 106 | **Mastering the First Year** |
| 23240 | 9 | MW | 4:00pm | 5:15pm | AGE | 104N | **Mastering the First Year** |
| 23242 | 11 | MWF | 9:00am | 9:50am | FGM | 203 | **Mastering the First Year** |
| 23266 | 15 | MW | 2:30pm | 3:45pm | CLR | 312 | **Mastering the First Year** |
| 23269 | 18 | MWF | 9:00am | 9:50am | HLG | 128 | **Mastering the First Year** |
| 23278 | 27 | TR | 11:00am | 12:15pm | HLG | 128 | **Mastering the First Year** |
| 23279 | 28 | TR | 8:00am | 9:15am | HLG | 504 | **Mastering the First Year** |
| 23280 | 29 | TR | 9:30am | 10:45am | HLG | 504 | **Mastering the First Year** |
| 23284 | 33 | TR | 8:00am | 9:15am | MDD | 111 | **Mastering the First Year** |
| 23290 | 39 | TR | 8:00am | 9:15am | HLG | 504 | **Mastering the First Year** |
| 23310 | 43 | TR | 3:30pm | 4:45pm | CLR | 213 | **Mastering the First Year** |
| 23312 | 45 | TR | 2:00pm | 3:15pm | MDD | 106 | **Mastering the First Year** |
| 23316 | 49 | MW | 1:00pm | 2:15pm | HLG | 504 | **Mastering the First Year** |
| 23345 | 54 | MWF | 10:00am | 10:50am | MDD | 106 | **Mastering the First Year** |

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| 23348 | 57 | TR | 12:30pm | 1:45pm | HGL | 504 | **Mastering the First Year** |
| 23358 | 67 | MW | 4:00pm | 5:15pm | MDD | 111 | **Mastering the First Year** |
| 23367 | 71 | TR | 12:30pm | 1:45pm | FGM | 203 | **Mastering the First Year** |
| 23373 | 76 | TR | 9:30am | 10:45am | RAND | 110 | **Mastering the First Year** |
| 23459 | 79 | MWF | 11:00am | 11:50am | FGM | 203 | **Mastering the First Year** |
| 23714 | 80 | MW | 4:00pm | 5:15pm | MDD | 106 | **Mastering the First Year** |
| 23461 | 82 | TR | 3:30pm | 4:45pm | MDD | 310 | **Mastering the First Year** |
| 23462 | 83 | MW | 2:30pm | 3:45pm | FGM | 203 | **Mastering the First Year** |
| 23463 | 84 | MW | 2:30pm | 3:45pm | HLG | 504 | **Mastering the First Year** |
| 23466 | 87 | MW | 4:00pm | 5:15pm | MDD | 310 | **Mastering the First Year** |
| 23467 | 88 | MWF | 11:00am | 11:50am | HLG | 504 | **Mastering the First Year** |
| 23485 | 89 | MW | 4:00pm | 5:15pm | HLG | 504 | **Mastering the First Year** |
| 23487 | 91 | MW | 1:00pm | 2:15pm | CLR | 213 | **Mastering the First Year** |
| 23489 | 93 | TR | 12:30pm | 1:45pm | CLR | 213 | **Mastering the First Year** |
| 23490 | 94 | MWF | 12:00pm | 12:50pm | MDD | 106 | **Mastering the First Year** |
| 23491 | 95 | TR | 3:30pm | 4:45pm | FGM | 105 | **Mastering the First Year** |
| 23494 | 98 | TR | 4:00pm | 5:15pm | HLG | 504 | **Mastering the First Year** |
| 23512 | 100 | MWF | 4:00pm | 5:15pm | HLG | 128 | **Mastering the First Year** |
| 23514 | 102 | MWF | 9:00am | 9:50am | HLG | 128 | **Mastering the First Year** |
| 23529 | 103 | MW | 2:30pm | 3:45pm | HLG | 128 | **Mastering the First Year** |
| 23530 | 104 | MWF | 9:00am | 9:50am | MDD | 310 | **Mastering the First Year** |
| 24084 | 105 | MWF | 10:00am | 10:50am | MDD | 310 | **Mastering the First Year** |
| 24085 | 106 | TR | 4:00pm | 5:15pm | CLR | 312 | **Mastering the First Year** |
| 24087 | 107 | MWF | 12:00pm | 12:50pm | FGM | 203 | **Mastering the First Year** |

***Living*** ***Learning*** ***Communities***

**Course** **Description:** Designed for students who are participating in the living learning community (LLC) program. These sections are identified with an L in front of the section number.

**Only** **first-year** **students** **who** **have** **previously** **signed** **up** **for** **the** **LLC** **program** **through** **housing** **can** **take** **these** **courses.**

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| 23243 | L01 | TR | 11:00am | 12:15pm | FGM | 204 | **LLC – Business Secrets** |
| 23244 | L05 | TR | TBA | TBA | TBA | TBA | **LLC -KINectED** |
| 23245 | L03 | TR | 11:00am | 12:15pm | CLR | 213 | **LLC - Service and Leadership** |
| 23246 | L04 | TR | 12:30pm | 1:45pm | Angelle | 125 | **LLC - Gateway to the Arts** |
| 23715 | L02 | TR | 9:30am | 10:45am | CLR | 213 | **LLC – Healthcare Innovators** |
| 23247 | L06 | Tuesday | 2:00pm | 3:25pm | CLR | 309 | **LLC - Engineering** |
| 23247 | L06 | Thursday | 2:00pm | 3:45pm | CLR | 309 | **LLC - Engineering** |
| 23247 | L06 | Thursday | 3:45pm | 4:30pm | CLR | 105 | **LLC - Engineering** |
| 23248 | L07 | TR | 11:00am | 12:15pm | MDD | 106 | **LLC - Travel, Language, & Culture** |
| 23249 | L08 | Monday | 2:30pm | 5:00pm | Bourg | 157B | **LLC - Lifetime Recreation** |

***First-Year Theme-Based Seminar***

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| **CRN** | **Section** | **Day(s) to Meet** | **Begin Time** | **End Time** | **BLDG** | **Room** | **Subtitle & Description** |
| 23233 | 2 | MW | 1:00pm | 2:15pm | CLR | 312 | **Effects of Communication** |
| 23271 | 20 | MWF | 10:00am | 10:50am | CLR | 312 | **Effects of Communication** |
| 23999 | H03 | MWF | 11:00am | 11:50am | CLR | 312 | **Effects of Communication** |
|  |  |  |  |  |  |  | The course starts with the fundamentals of verbal and nonverbal communication, helping students develop interpersonal skills by interacting with classmates and building professional relationships. It also offers resources for succeeding in college and real-life situations. |
| 23234 | 3 | TR | 9:30am | 10:45am | JLF | 134 | **Sneakerology** |
|  |  |  |  |  |  |  | In this course, students will explore the modern history of Sneakers, by surveying the cultural relevance of sneakers through advertising, sports, fashion, design, and music. Additionally, students will also discuss sneaker culture, the formal designs of sneakers, how they are produced, and the personal connections individuals make between their identity and the sneakers on their feet. |
| 23263 | 12 | TR | 2:00pm | 3:15pm | CLR | 213 | **Vibes and Attitudes** |
|  |  |  |  |  |  |  | This course helps students to identify an array of talents, and a range of practical and professional skills that help them to succeed in their careers, in further study, and in life. The intention is to prepare students to be independent thinkers, ethical leaders, and citizens for the common good. |
| 23264 | 13 | MWF | 11:00am | 11:50am | MDD | 106 | **Leadership Is For Everyone** |
|  |  |  |  |  |  |  | "Leadership is for Everyone" teaches students the Five Exemplary Practices of Leadership and how to integrate them into daily life. It emphasizes that leadership is a set of skills, not just a position, and develops naturally through practice. Students will learn both theoretical and practical aspects of "The Student Leadership Challenge" through readings, lectures, exercises, and projects. |
| 23265 | 14 | TR | 2:00pm | 3:15pm | MDD | 111 | **Understanding Mental Illness** |
| 23997 | H01 | MW | 2:30pm | 3:45pm | MDD | 111 | **Understanding Mental Illness** |
|  |  |  |  |  |  |  | This course will look at different mental illnesses/disorders and the impact on individuals particularly, college aged individuals. We will discuss the definition of mental health, what mental health areas are we vulnerable to as we transition to college, and what resources are available to help cope with mental health issues. |
| 23268 | 17 | TR | 11:00am | 12:15pm | DUPRE | 377 | **Emerging Issues in Athletics** |
| 23347 | 56 | TR | 8:00am | 9:15am | Dupre | 377 | **Emerging Issues in Athletics** |
| 23465 | 86 | MWF | 10:00am | 10:50am | Dupre | 377 | **Emerging Issues in Athletics** |
| 24086 | 108 | MWF | 9:00am | 9:50am | Dupre | 377 | **Emerging Issues in Athletics** |
|  |  |  |  |  |  |  | This first-year seminar introduces student-athletes to the evolving issues in intercollegiate athletics. It examines NCAA academic regulations, media scrutiny, and daily college life challenges. The course covers NCAA eligibility standards and addresses unique issues in college athletics. Students will debate topics such as NCAA governance, academic integrity, pay-for-play models, the value of grant-in-aid agreements, and the likelihood of playing professional sports. |
| 23360 | 69 | TR | 2:00pm | 3:15pm | CLR | 312 | **Black Male Leadership** |
|  |  |  |  |  |  |  | This course examines leadership within the Black male community, exploring various definitions of "manhood" and societal expectations. Topics include racial profiling, cross-generational differences, health disparities, entrepreneurship, financial literacy, and the Black Lives Matter movement. The course also addresses interpersonal and political issues such as activism, domestic violence, and respect towards women. Students will participate in community service and campus engagement activities. |
| 23274 | 23 | MWF | 9:00am | 9:50am | MDD | 111 | **Movies, Tom Hanks & Leadership** |
|  |  |  |  |  |  |  | This course uses contemporary movies, primarily Tom Hanks films, to study leadership values and principles. Students will analyze these movies as case studies to understand leadership processes, the role of leadership in the world, and the characteristics of effective leaders. Course activities will encourage deep thinking about the challenges and importance of leadership. Students will review leadership theories illustrated in the films and discuss the associated values and lessons. |
| 24001 | H05 | TR | 12:30pm | 1:45pm | FGM | 105 | **World Culture in Clothing** |
| 24002 | H06 | TR | 11:00am | 12:15pm | FGM | 105 | **World Culture in Clothing** |
| 23352 | 61 | MW | 1:00pm | 2:15pm | FGM | 105 | **World Culture in Clothing** |
| 23356 | 64 | MW | 2:30pm | 3:45pm | FGM | 105 | **World Culture in Clothing** |
|  |  |  |  |  |  |  | Undergraduate mini-case research study investigating why people wear the clothing they do in their culture. Course examines multiple global societies including the United States with regards to values, issues, diversity and components of culture. |
| 23291 | 40 | TR | 9:30am | 10:45am | ANG | 143 | **Cajun and Creole Jam** |
| 23273 | 22 | TR | 11:00am | 12:15pm | ANG | 143 | **Cajun and Creole Jam** |
|  |  |  |  |  |  |  | Jam sessions are oftentimes the main venue through which Cajun and Creole music is learned and practiced. This seminar brings Cajun and Creole Jams to the classroom: students will get “hands-on” playing and singing Cajun and Creole music. The course is designed for two kinds of students, those who've never played music before and those who've never played Cajun music before, and will cover basic instrument instruction, repertoire, performance style of Cajun and Creole music in individual and ensemble settings. |
| 23311 | 44 | MWF | 12:00pm | 12:50pm | MDD | 111 | **Conquering Your College Journey** |
|  |  |  |  |  |  |  | This course will consist of learning effective time management skills, short- and long-term goal setting, stress management, engaging in social activities, and beneficial resources on and off campus. |
| 23313 | 46 | MW | 2:30pm | 3:45pm | MDD | 310 | **Vampires Are Us** |
|  |  |  |  |  |  |  | This course explores contemporary society's fascination with vampires, from Count Dracula to Edward Cullen. It examines how vampires, as liminal figures, symbolize various social themes including capitalism, sexuality, life/death, immigration, racism, HIV/AIDS, feminism, good vs. evil, identity, and adolescent angst. |
| 23289 | 38 | TR | 3:30pm | 4:45pm | FGM | 203 | **The World of Business** |
|  |  |  |  |  |  |  | This class focuses on the Mastering the First-Year content but with a professional twist. Learn email etiquette, use Microsoft Outlook for calendaring, develop your internship resume and practice interviewing, learn what attire is appropriate for different business settings, and more! This class is designed for students whose career path includes interacting in the business world. |
| 23239 | 8 | TR | 11:00am | 12:15pm | FGM | 203 | **Leadership (Taylor's Version)** |
|  |  |  |  |  |  |  | We will explore an array of leadership topics while also connecting them to Taylor Swift and her legacy as a musician, philanthropist, advocate, and more! |
| 23998 | H02 | MW | 1:00pm | 2:15pm | MDD | 310 | **American Dream in Film & Music** |
|  |  |  |  |  |  |  | Students will critically examine American music and film that explores the concept of the American Dream, defined as every citizen's equal right to life, liberty, and the pursuit of happiness. Themes covered include youthful optimism, work, community, sin and crime, patriotism, marriage, immigration, grief, war, and religion, reflecting the spirit, struggles, failures, and hopes of the American experience. |
| 24000 | H04 | TR | 11:00am | 12:15pm | HLG | 504 | **Photography: History Reframed** |
|  |  |  |  |  |  |  | This course is theme based and will cover the topic of photojournalism and collective memory and will include an undergraduate research project. Throughout the semester, we will conduct our own collective memory research. The students will complete an in-class literature review that explains the concepts of Collective Memory and the American Dream theory. |
| 23344 | 53 | TR | 9:30am | 10:45am | TBA | TBA | **Intro to Engineering Innovation** |
| 23349 | 58 | TR | 11:00am | 12:15pm | TBA | TBA | **Intro to Engineering Innovation** |
| 23492 | 96 | TR | 9:30am | 10:45am | TBA | TBA | **Intro to Engineering Innovation** |
| 23493 | 97 | TR | 2:00pm | 3:15pm | TBA | TBA | **Intro to Engineering Innovation** |
| 23370 | 74 | TR | 11:00am | 12:15pm | TBA | TBA | **Intro to Engineering Innovation** |
| 23513 | 101 | TR | 9:30am | 10:45am | TBA | TBA | **Intro to Engineering Innovation** |
|  |  |  |  |  |  |  | Introduction to innovative thinking to solve engineering problems. Exploration into engineering disciplines through real-world, meaningful, project-based learning. Discovery of topics of contemporary interest and enduring importance to increase knowledge and skills that improve academic success relevant to the engineering discipline |
| 23237 | 6 | TR | 8:00am | 9:15am | FGM | 105 | **You Have to Talk** |
|  |  |  |  |  |  |  | This UNIV course is designed to provide students with the tools to effectively communicate. Students will be expected to give speeches, short presentations, and participate in fun activities that develop their communication. |
| 23241 | 10 | TR | 11:00am | 12:15pm | CLR | 312 | **Design Matters** |
|  |  |  |  |  |  |  | "Design Matters" is an interdisciplinary course for arts majors and non-majors to explore design thinking's transformative power. Students engage in collaborative learning, focusing on creative problem-solving through hands-on application of design principles. The course encourages innovative solutions to complex challenges. |
| 23272 | 21 | MWF | 10:00am | 10:50am | FGM | 203 | **A Guide to Fantasy Lit** |
|  |  |  |  |  |  |  | This section examines contemporary fantasy literature through different reading levels. The tentative reading list will progress in reading level, starting with a middle grade novel, then a young adult novel, and ending with an adult novel: Rick Riordan’s Percy Jackson & The Olympians: The Lightning Thief, Holly Black’s The Cruel Prince, and Cherie Dimaline’s Empire of Wild. The focus of this section will be to introduce literature and will include reading, study, and time management tips, all specific to a discussion-style literature course. |
| 23277 | 26 | TR | 9:30am | 10:45am | HLG | 128 | **Wanderlust, Wayfair Adventures** |
|  |  |  |  |  |  |  | This course explores representations of travelers and the places they visit in literature, examining humanity's enduring fascination with travel and exploration. Texts from diverse geographical areas and time periods will be studied, focusing on physical and mental journeys undertaken by characters. Students will analyze themes of gender, identity, and representation across various genres such as poetry, novels, short stories, quest narratives, epics, magical realism, and post-modernism. |
| 23281 | 30 | TR | 12:30pm | 1:45pm | CLR | 312 | **Supernatural Bio** |
|  |  |  |  |  |  |  | Analyze the biology of zombies and superheroes. Explore topics like zombie outbreaks, mad scientist experiments, and the science behind superpowers. |
| 23282 | 31 | MW | 1:00pm | 2:15pm | MDD | 111 | **Authentic Masculinity** |
|  |  |  |  |  |  |  | Authentic Masculinity & Leadership" provides a comprehensive exploration of masculinity, leadership principles, and their practical application in academic, personal, and professional contexts. Students engage in critical thinking, collaboration, and self-reflection, examining topics like masculinity in contemporary society, effective leadership styles, interpersonal relationships, and stress management techniques. It also emphasizes empathy, compassion, and the roles of protector, provider, and servant leader in fostering healthy relationships and communities. |
| 23286 | 35 | TR | 12:30pm | 1:45pm | HLG | 128 | **Legal Careers: Myths & Truths** |
| 23287 | 36 | TR | 2:00pm | 3:15pm | HLG | 128 | **Legal Careers: Myths & Truths** |
|  |  |  |  |  |  |  | This course is designed for students considering careers in law or criminal justice. It explores the realities of these professions, including the roles of lawyers, law enforcement officers, deputies, and other legal professionals. Students will examine current issues, myths, and realities in these fields, as well as topics like forensics, CSI, and government and military equivalents. The course aims to help students make informed career decisions by providing a comprehensive overview of legal and law enforcement professions. |
| 23388 | 37 | TR | 9:30am | 10:45am | FGM | 203 | **The Places You’ll Go** |
|  |  |  |  |  |  |  | Learn valuable first year and life skills in class and on field trips! Class will complete hands-activities to learn about university resources, how to adult, and experience Lafayette Hospitality. The final individual project is planning and presenting a graduation trip. |
| 23285 | 34 | TR | 9:30am | 10:45am | MDD | 111 | **Leadership Dynamics** |
|  |  |  |  |  |  |  | This training program, "Leadership Dynamics," is designed to equip leaders with the skills and knowledge necessary to navigate the complexities of leadership in dynamic environments. The curriculum focuses on FOCUS on the WAVES of leadership, achieving TONAL balance, BUILDING community, and promoting SAFE cultures. |
| 23309 | 42 | MW | 4:00pm | 5:15pm | CLR | 213 | **You Go Girl!** |
|  |  |  |  |  |  |  | This course is designed to empower, educate, and uplift young women. This course will address issues/concerns that relates to women in leadership, health, and society's ideology of a woman. Young women will leave this course feeling informed, stronger, and liberated. |
| 23314 | 47 | TR | 11:00am | 12:15pm | CLR | 213 | **Sustainability: On & Off Campus** |
|  |  |  |  |  |  |  | Sustainability is commonly understood as the simultaneous pursuit of improving three interconnected systems: environment, economy, and society. This course will explore campus and community programs, professions, and infrastructure which support sustainability. Students will identify campus and/or community issues and propose solutions for improving the local environment and quality of life. |
| 23317 | 50 | TR | 8:00am | 9:15am | FGM | 203 | **You Got This!** |
|  |  |  |  |  |  |  | This course is designed for first-time freshmen interested in business and their careers. The book I will use in this course focuses on the "soft skills" - work ethic, attitude, communication skills, emotional intelligence, and other personal attributes that are crucial for their success. It’s in these skills that they need to excel as a leader. This course will also have Course-Embedded Undergraduate Research Experiences (CURES) to introduce undergraduate students to research in business. |
| 23329 | 51 | MWF | 10:00am | 10:50am | RAND | 110 | **Podcast for Student Success** |
|  |  |  |  |  |  |  | This course will help you apply essential skills needed for fist time freshmen. We will listen to various podcasts to help you become successful during your freshmen year. Each week we will listen to podcast that are trending based on the topic we are learning for that week. |
| 23346 | 55 | TR | 9:30am | 10:45am | MDD | 106 | **Women's Empowerment** |
|  |  |  |  |  |  |  | This course is designed to assist first-year students in exploring campus resources, campus involvement and leadership opportunities, life skills to help one become more independent, such as financial literacy, basic auto shop skills, career exploration, and more. Throughout this course we will also discuss women’s rights and women’s issues. Students will also complete a community service project with a local women’s philanthropy/organization. |
| 23350 | 59 | MW | 4:00pm | 5:15pm | CLR | 312 | **Curl Couture** |
| 23359 | 68 | MWF | 8:00am | 8:50am | FGM | 203 | **Curl Couture** |
|  |  |  |  |  |  |  | This course will be about how to love and embrace your natural hair. We will do a deep dive about how to navigate through the world with your natural hair, as well as the social impact natural hair has on society. |
| 23354 | 63 | MWF | 9:00am | 9:50am | FGM | 105 | **The Leadership Era** |
|  |  |  |  |  |  |  | This course would explore and study the intersection of pop culture, personal development, and leadership through the lens of Taylor Swift's career. Much of Taylor Swift's success is a result of leadership qualities: resilience, communication, authenticity, teamwork... the list goes on. This course combines analysis of Swift's career with practical application and discovery of students' own leadership styles. |
| 23355 | 65 | TR | 4:00pm | 5:15pm | MDD | 111 | **Keys to Self-Publishing** |
|  |  |  |  |  |  |  | The course will be a practical guide to writing and learning all the basics of self-publishing. Students will find out how to get their books up to professional standards. You will also learn the art of selling eBooks and printed books on Amazon and other platforms, then discover the marketing practices used by some of the most successful self-published authors. |
| 23357 | 66 | TR | 8:00am | 9:15am | MDD | 310 | **How Did Jesus Tell Stories?** |
|  |  |  |  |  |  |  | Jesus knew how to always address His audience. He left them thinking and challenging them to change. Can His stories still do that for us today? In this class we will walk through and discuss the parables of Jesus and see how He challenges how we think and live today. |
| 27723 | H07 | MWF | 10:00am | 10:50am | HLG | 504 | **Media Literacy in the 2020’s** |
|  |  |  |  |  |  |  | I will be guiding students on the best ways to navigate various internet sources to find trustworthy, accurate information to answer big questions about the world. In today's media landscape, the answer to any question is only as good as the method you used to find it, as well as the biases that led you to certain sources or answers. |
| 23361 | 70 | TR | 2:00pm | 3:15pm | FGM | 203 | **Melanated EmpowHerment** |
|  |  |  |  |  |  |  | This course focuses on the unique challenges young women of color face, providing strategies for personal and professional growth. Students discuss identity, leadership, and societal impact, while developing skills in communication, goal setting, networking, personal branding, and more. Through mentorship, community engagement, and reflective exercises, students gain tools to navigate and excel in life. The course aims to inspire confidence, build sisterhood, and empower students to embrace their authenticity, reclaim their narratives, and lead purposefully in a diverse world. |
| 23368 | 72 | TR | 3:30pm | 4:45pm | HLG | 128 | **The Power of Story Telling** |
|  |  |  |  |  |  |  | This course will explore the multifaceted role of storytelling in literature, psychology, the college transition, and everyday life. Through readings, discussions, and creative projects, students will examine how narratives shape our understanding of ourselves and the world around us. Students will also have the opportunity to create their own stories and analyze the impact of narrative on mental health and cultural identity. |
| 23369 | 73 | MWF | 9:00am | 9:50am | CLR | 312 | **Thriving with PRIDE** |
|  |  |  |  |  |  |  | This course is designed to support first time college freshman who identify as LGBTQ+ in their transition to college life and academic success. It provides a safe and inclusive space for students to explore their identity, build a supportive community, and develop the skills necessary to excel in their academic and personal lives. Topics include LGBTQ+ history, community resources, mental health, career development, and more. |
| 23457 | 77 | TR | 2:00pm | 3:15pm | MDD | 310 | **OG Heros of Christianity** |
|  |  |  |  |  |  |  | We'll analyze various stories throughout the Old Testament to see what they teach us about God, Jesus, Christianity, relationship with God, life, and leadership. |
| 23458 | 78 | TR | 8:00am | 9:15am | CLR | 312 | **Life Beyond College** |
|  |  |  |  |  |  |  | Through a series of interactive lectures, discussions, and classroom activities, students will learn how to develop effective communication skills, cultivate professional behavior and ethics, and plan and manage their professional development. Students will be assessed through a combination of class participation, reflective writing, quizzes, and an individual final project. |
| 23271 | 52 | MW | 1:00pm | 2:15pm | RAND | 110 | **Leader-Shift** |
|  |  |  |  |  |  |  | This UNIV course will focus on ensuring that your leadership style can be shifted to lead everyone. Being a leader starts with knowing who you are to better understand others. We will explore different abilities, personalities, and communication styles of everyone to ensure intentional inclusivity in all leadership opportunities. |
| 23460 | 81 | MW | 4:30pm | 5:45pm | FGM | 203 | **Film and Literature** |
|  |  |  |  |  |  |  | In this course, students will learn the basics of film adaptation/adaptation theory. They will not only analyze a range of literature but their subsequent films, as well. Students will explore a spectrum that ranges from true adaptations (window) to inspirations (frame/mirror). Through this class, students will be able to approach entertainment with analytical thinking, seeing not only a process between text and screen but a deeper significance of WHY the text is adapted the way it is. |
| 23486 | 90 | MW | 4:00pm | 5:15pm | FGM | 105 | **Gambino’s America** |
|  |  |  |  |  |  |  | This class will explore the themes present in Childish Gambino's music video for "This is America" by utilizing music videos from 1980 onward and academic articles related to issues within the Black community. |
| 23488 | 92 | MWF | 8:00am | 8:50am | HLG | 128 | **Get In-Tuned** |
| 23511 | 99 | TR | 8:00am | 9:15am | CLR | 213 | **Get In-Tuned** |
|  |  |  |  |  |  |  | Let's get in-tuned to overall mental health. This course is structured to help you learn about the physical and psychological impacts of stress, anxiety, depression and disenfranchised grief on our social awareness and behaviors. Taught values and environmental experiences create an overall sense of self. This course will help to unpack various avenues of mental health to help you navigate your own as you begin your college journey. |